



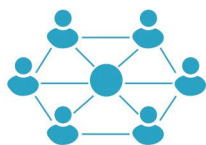
# CATALOG AND SCORECARD

Creating A Global Systems-Level Approach

**NUTRITION SCREENING ACTIVITY STRESS**

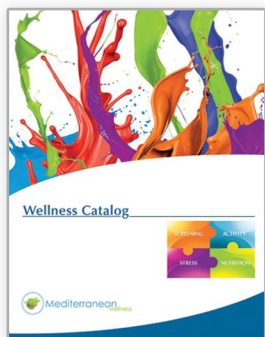
## WELLNESS INNOVATION

The Catalog and Scorecard create consistency across multiple sites. It allows for coordination, accountability, and recognition at the site level and corporate level.



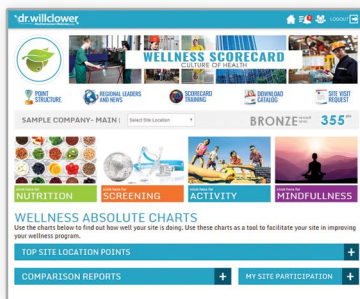
### COORDINATION

- ▶ For improved coordination, we create a Wellness Catalog that consists of programs utilized by different sites within four wellness categories: nutrition, stress, activity, and screenings.
- ▶ Each site can refer to this catalog and offer consistent wellness activities to their employees.
- ▶ This document is updated on an annual basis by removing unused programs and adding new, innovative programs.
- ▶ The catalog can be translated into other languages on an as needed basis.



### ACCOUNTABILITY

- ▶ For site wellness accountability, a Scorecard is created for each location to track programs they have completed.
- ▶ It provides a simple ranking system to show comparisons across site locations based on point levels: bronze, silver, gold, and diamond.
- ▶ Wellness leaders can view and compare their point totals to that of other sites, business units, countries, or any variable as specified by the client. This visible comparison of wellness activities provides an incentive at the site-level, which increases the incentive to greater participation.



### RECOGNITION

- ▶ For recognition, the accumulated point totals can be compared across sites and annual awards can be assigned based on the category chosen by the client.
- ▶ For example, the client can provide awards for the following: highest point value, greatest improvement from prior year, and wellness innovation.
- ▶ These categories encourage achievement, creativity, and effort on the part of the site wellness leaders.

