**Mediterranean Wellness**
Targeting Risk (Example Client Data: Metabolic Screening)

1. Break out screening data for each individual,
   as a function of *Risk Factors.*

Risk Factor	Out of Specification
BMI (Obesity)	1
Cholesterol (Heart Disease)	2
Blood Sugar (Diabetes)	2
Blood Pressure (Stroke)	1
Total	6 of 8 Possible

2. Extend this assessment across the population base,
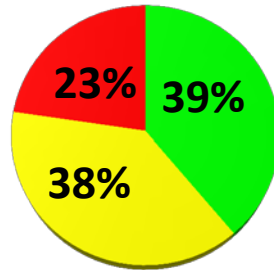   to get a signature of your risk profile.

Risk Distribution

2020 Ardmore Blvd, Ste. 211 Pittsburgh, PA 15221
412.351.3360
www.willclower.com
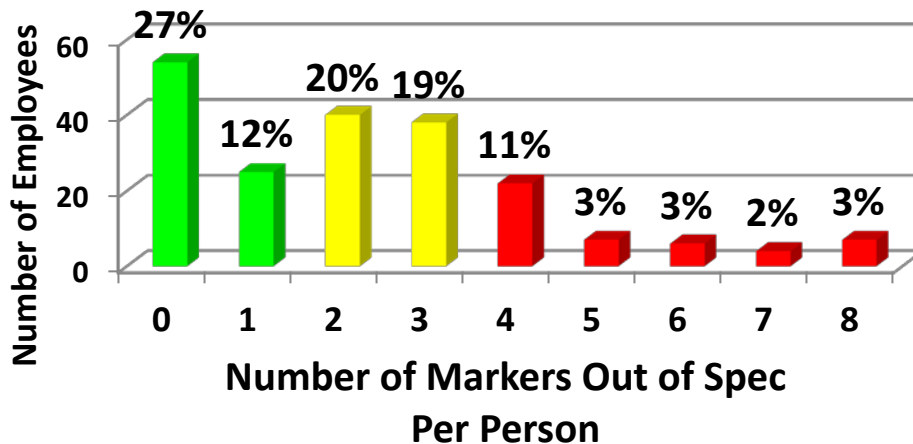
3. Drill down further, to section this risk signature into manageable categories.

Risk Management Drill Down

■ Healthy　■ Caution　■ Needs Help

23%　39%

38%

4. Finally, identify the specific health issues your high risk employees face (the 23%, above). Only then can you know the nature of your cost drivers, and how to address them.

Breakout of At-Risk Employees

80%
60%
40%
20%
0%

70%
57%
54%
35%

Obesity　Cholesterol　Diabetes　Blood Pressure

Condition

dr.willclower
Mediterranean Wellness, LLC.