

CHALLENGE SYSTEM

Increase employee activity and overall health with our intuitive challenges

CHALLENGE YOUR EMPLOYEES

Your employees can pick their favorite challenge, in any of four wellness categories. Better, they are able to invite coworkers from your company to form their own teams. Even better, these teams can compete against each other to make wellness fun and add the element of competition to your wellness approach. Best of all, we can run corporate-wide "featured challenges" customized to your wellness goals for the month, the quarter, and the year.



