

Mediterranean Wellness ROI Case Study

Life threatening hyperglycemia treated with Mediterranean Wellness program.


Cost Savings = \$54,160

Subject provided glucose measurements 5x/day, from 41 days prior to program (data below). Subject provided actual hospital records and costs prior to and after the program (data below).

Mediterranean Diet

Cost Analysis

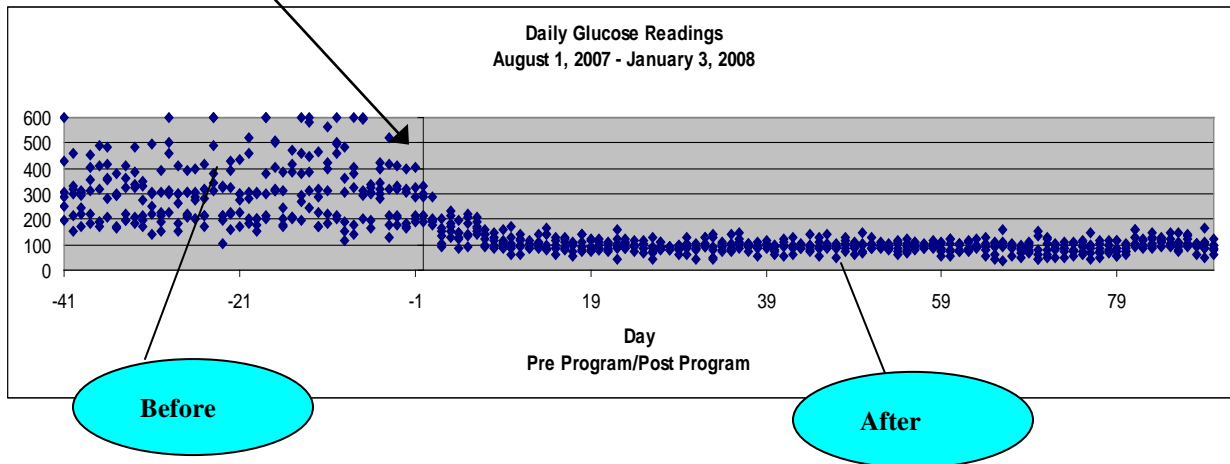
Mediterranean Diet Program
\$200



<u>Treatment Cost Pre</u>	<u>Treatment Cost 6-mo Post</u>
<ul style="list-style-type: none"> • Endocrinologist <ul style="list-style-type: none"> • 12 visits / year • \$14,400/year • Hospitalization <ul style="list-style-type: none"> • DKA (4/year) • ~\$40,000 • Insulin <ul style="list-style-type: none"> • 4 vials / month • \$4320 / year 	<ul style="list-style-type: none"> • Endocrinologist <ul style="list-style-type: none"> • 2 visits / year • \$2,400 / year • Hospitalization <ul style="list-style-type: none"> • 0 • \$0 • Insulin <ul style="list-style-type: none"> • 2 vials / month • \$2160 / year
<div style="border: 1px solid #81c784; border-radius: 50%; padding: 5px; width: 80%; margin: 0 auto;"> <p>Actual Yearly Costs Pre \$58,720</p> </div>	<div style="border: 1px solid #81c784; border-radius: 50%; padding: 5px; width: 80%; margin: 0 auto;"> <p>Projected Yearly Costs Post \$4,560</p> </div>
<div style="border: 1px solid #81c784; border-radius: 50%; padding: 5px; width: 80%; margin: 0 auto;"> <p>Cost Savings Projected Yearly \$54,160</p> </div>	

Mediterranean Wellness

The Program Begins Here



Blood Sugar Levels (Average):
Pre-program, 309.94

Blood Sugar Levels (Average):
Post-program, 98.32

Blood Sugar Swings (Dev from average):
Pre-program, +/- 107.8

Blood Sugar Swings (Dev from average):
Post-program, +/- 28.73